



UNIVERSITY OF CALICUT

Abstract

BSc in Counselling Psychology (offered by SDE)- CUCBCSS UG 2014-Scheme and Syllabus- Approved- Implemented-w.e.f 2014 Admissions-Orders issued.

G & A - IV - J

U.O.No. 10906/2014/Admn

Dated, Calicut University.P.O, 21.11.2014

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- Read:-*1. U.O. No. 3797/2013/CU, dated 07.09.2013 (CBCSS UG Modified Regulations) (File.ref.no. 13752/GA IV J SO/2013/CU).
2. U.O. No. 5180/2014/Admn, dated 29.05.2014 (CBCSS UG Revised Regulations) (File.ref.no. 13752/GA IV J SO/2013/CU).
3. Item no. 3 of the minutes of the meeting of the Board of Studies in Psychology UG held on 25.07.2014.
4. Remarks of the Dean, Faculty of Science dated 22.08.2014.
5. Orders of the VC on 22.08.2014, in the file no, 4248/GA IV /J2/2012/CU.

ORDER

The Modified Regulations of Choice Based Credit Semester System for UG Curriculum w.e.f 2014 was implemented under the University of Calicut vide paper read as (1).

The Revised CUCBCSS UG Regulations has been implemented w.e.f 2014 admission, for all UG programme under CUCBCSS in the University, vide paper read as (2).

The Board of Studies in Psychology UG has approved the Scheme and Syllabus of Core and Complementary and Open courses of BSc Programme in Counselling Psychology (offered by SDE) w.e.f 2014 admissions vide paper read as (3).

The Dean, Faculty of Science, also has approved the resolutions of the Board vide paper read as (4).

The Hon'ble Vice Chancellor, considering the exigency, exercising the powers of the Academic Council has approved the minutes of the Board of Studies in Psychology UG held on 25.07.2014., subject to ratification by the Academic Council, vide paper read as (5).

Sanction has, therefore, been accorded for implementing the Scheme and Syllabus of BSc Programme in Counselling Psychology (offered by SDE) w.e.f 2014 Admissions under CUCBCSS UG 2014, in the University, w.e.f 2014 Admissions.

Orders are issued accordingly. (The syllabus is available in the website: www.universityofcalicut.info)

Muhammed S
Deputy Registrar

To

1. All Affiliated Colleges/SDE/Dept.s/Institutions under University of Calicut.
2. The Controller of Examinations, University of Calicut.
3. The Director SDE.

Forwarded / By Order

Section Officer

**SCHEME AND SYLLABUS
OF CORE AND COMPLEMENTARY COURSES OF
B. Sc COUNSELLING PSYCHOLOGY
(OFFERED BY SCHOOL OF DISTANCE EDUCATION, UNIVERSITY
OF CALICUT)**

w.e.f. 2014 Admission onwards

CONTENTS

- 1. Scheme of B. Sc Counselling Psychology (Offered by SDE, University of Calicut)**
- 2. Question paper format for All Core & Complimentary Courses except Practical I &II, Open Course and Project.**
- 3. Model Question Paper**
- 4. Question paper format for Open Course**
- 5. Syllabus of B. Sc Counselling Psychology**

UNIVERSITY OF CALICUT

Scheme for B. Sc Counselling Psychology (Offered by SDE)

Semester	Course code	Name of the course	Credits	MARKS		
				Internal	External	Total
I	CPY1B01	Introductory Psychology I	3	20	80	100
I	CPY1C01	Physiological Psychology	3	20	80	100
I	CPY1C02	Psychological Statistics	3	20	80	100
		Total for Semester I	9	60	240	300
II	CPY2B01	Introductory Psychology II	3	20	80	100
II	CPY2C01	Physiological Psychology	3	20	80	100
II	CPY2C02	Psychological Statistics	3	20	80	100
		Total for Semester II	9	60	240	300
III	CPY3B01	Developmental Psychology I	3	20	80	100
III	CPY3C01	Physiological Psychology	3	20	80	100
III	CPY3C02	Psychological Statistics	3	20	80	100
		Total for Semester III	9	60	240	300
IV	CPY4B01	Developmental Psychology II	3	20	80	100
IV	CPY4B02	Social Psychology I	3	20	80	100
IV	CPY4C01	Physiological Psychology	3	20	80	100
IV	CPY4C02	Psychological Statistics	3	20	80	100
		Total for Semester IV	12	80	320	400

Semester	Course code	Name of the course	Credits	MARKS		
				Internal	External	Total
V	CPY5B01	Social Psychology II	3	20	80	100
V	CPY5B02	Counselling Psychology I	3	20	80	100
V	CPY5B03	Learning and Behaviour	3	20	80	100
V	CPY5B04	Educational Psychology	3	20	80	100
V	CPY5B05	Life Skill Development	3	20	80	100
V	CPY5D01	Psychology and Personal Growth	2	10	40	50
		Total for Semester V	17	110	440	550
VI	CPY6B01	Counselling Psychology-II	3	20	80	100
VI	CPY6B02	Personality Psychology	3	20	80	100
VI	CPY6B03	Cognitive Psychology	3	20	80	100
VI	CPY6B04	Health Psychology	3	20	80	100
VI	CPY6B05	Elective	3	20	80	100
VI	CPY6B05-01	Abnormal Psychology				
VI	CPY6B05-02	Organizational Psychology				
VI	CPY6B06	Practical - I	4	0	100	100
VI	CPY6B07	Practical - II	5	0	100	100
VI	CPY6B08	Project	2	0	50	50
		Total for Semester VI	26	100	650	750

QUESTION PAPER FORMAT

Note:

- Question paper format is same for all the Core & Complimentary Courses except Practical I & II, Open Course and Project.
- Evaluation pattern for Practical I & II and Project are given with the syllabus.
- Evaluation pattern for Open course is presented in the next page.

Duration Of Examination	Section	Pattern	Total No Of Questio ns	Questions To Be Answered	Marks For Each Question	Total Marks For Each Section
3Hrs	A	Objective Type: Multiple choice - 5 Fill in the Blanks - 5	10	10	1	10
	B	Short Answer	10	10	2	20
	C	Paragraph Type	8	6	5	30
	D	Essay	4	2	10	20
	GRAND TOTAL					80

MODEL QUESTION PAPER FOR ALL SEMESTERS

Name:

Reg no:

FIRST SEMESTER B. Sc DEGREE EXAMINATION, NOVEMBER 2014

CPY1B01 INTRODUCTORY PSYCHOLOGY-I

Time: 3Hrs

Maximum Marks: 80

SECTION –A

Objective Type

Answer **ALL** Questions .Each carries One mark

Choose the correct Answer from the following options given

1. Who is known as the Father of Modern Psychology?
(Hull, Freud, Jung, Rogers)
2. What is the most dramatic disorder associated with slow wave sleep
(Apnea, Somnambulism, Atonia, Enuresis)
3. Which is the third Force in Psychology?
(Psychoanalytic, Behavioristic, Gestalt, Humanistic)
4. Where is the first scientific Laboratory in Psychology situated?
(Berlyn, Austria, Leipzig, England)
5. Who introduced Word Association Technique ?
(Adler,Jung.,Erickson, Wundt)

Fill in the Blanks

6. school of Psychology was strongly influenced by Darwin's theory of natural selection
7. Firmly held a belief that has no basis in reality is called.....
8. Tendency to divide the perceptual world into two distinct parts is called
9. Archetypes is a concept put forward by
10. The process by which the organism learn to respond to a certain stimuli only is.....

(10x1= 10 Marks)

SECTION - B

(Answer in Two or three sentences)

Answer **all questions**. Each question carries 2 marks

11. Functionalism
12. Reinforcement
13. Operant conditioning
14. Encoding
15. Flashbulb memory
16. Perceptual Organization
17. Meditation
18. Amnesia
19. Chunking
20. Illusion

(10x2= 20 Marks)

SECTION -C

(Answer in a paragraph of about half a page to one page)

Answer **Any SIX** questions. Each question carries 5 marks

21. Types of Forgetting
22. Learning curves
23. Discuss contemporary studies on sleep and dreams
24. Explain Different approaches to Psychology
25. Discuss binocular cues to depth perception
26. Behaviouristic School
27. Theories of Forgetting
28. Factors affecting attention and perception

(6 x 5= 30 Marks)

SECTION –D

Essay Type Questions

Answer **Any Two** of the following .each Carries 10 Marks.

29. History of Scientific Psychology
30. Describe PERCEPTUAL Processes
31. Schools of psychology
32. Define Memory. Explain types of memory.

(2 x 10= 20 Marks)

FORMAT OF QUESTION PAPER FOR OPEN COURSE

Duration of Examination	Section	Pattern	Total No Of Questions	Questions To Be Answered	Marks For Each Question	Total Marks For Each Section
2 Hrs	A	Objective Type: Multiple choice - 5	5	5	1	5
	B	Short Answer	5	5	2	10
	C	Paragraph Type	4	3	5	15
	D	Essay	2	1	10	10
	GRAND TOTAL					40

B. SC. COUNSELLING PSYCHOLOGY

CPY1B01 INTRODUCTORY PSYCHOLOGY I

SEMESTER I

Core Course:

Credit 3

Objectives

The course will familiarize students with the basic psychological processes and the studies related to the factors which influence them. It will also focus on some important application areas of psychology.

Module I: Introduction

Definition and areas of psychology, Branches of psychology. Approaches to study Psychological process: biological, psychodynamic, behaviourist, cognitive, humanistic. Methods: experimental, observation, field study, questionnaire and case study. Psychology and social issues. Application in education, environment, health.

Module 2: Biological Basis Of Behaviour

Nervous system-Its Basic structure and functions. Neuron-Central Nervous system, brain, spinal cord. Peripheral nervous system-its division,the cerebral hemispheres, endocrine glands, heredity and behavior, consciousness-levels and psychological basis, biofeedback.

Module 3: Sensory-Perceptual Processes

Visual, auditory and other senses-Structure and functions-Illusions-Social perception-Perceptual organization. Determinants of perception-Form, space and depth perception-Attention process- Selective and sustained attention- Attention and vigilance.

Module 4: Cognitive Processes-Learning

Learning classical and operant conditioning, Basic processes-Extinction, spontaneous recovery, generalization and discrimination, reinforcement schedules, verbal learning, cognition in learning, motivational and cognitive influence on learning, observational learning, transfer of learning, psychological basis of learning.

Module 5: Retention and retrieval processes

Encoding, storage and retrieval process- Sensory, short term and long term memory, Constructive memory-Foregetting-Decay, interference, retrieval failure, motivated forgetting and amnesia. Techniques to improve retention and retrieval processes.

References:

1. Baron, R.A.(2002). Psychology(5TH ed) , India Pearson Education, Asia.
2. Hilgard, E.R, Atkinson, R.C and Atkinson,R.I.(1990), Introduction to Psychology (7th ed), New Delhi.
3. Zimbardo, P.G. and Weber, A.L.(1997), Psychology, Harper Collins, N.Y.
4. Lefton, L.A.(1985), Psychology, Boston: Allyn&Bacon.

BSC. COUNSELLING PSYCHOLOGY

CPY1C01 PHYSIOLOGICAL PSYCHOLOGY

SEMESTER 1:

Complimentary Course

credit :3

Objectives:

1. To know about the structure and functions of the nervous system from cellular level to system level.
2. To understand the physiological mechanisms involved in various psychological processes.

Module 1: Introduction

The three approaches to brain behavior relations- Ablations, stimulation, recording. New techniques in this field.

Module 2: Cellular Basis of Behaviour

Receptors–Effectors and conductor cells- A typical cell-Structure and functions. Structure and functions of different tissues-Epithelial, connective, muscular and nervous tissue. Genes -Structure and functions, how do genes work. Evolutionary basis of behavior.

Module 3: The Neuron

Structure-Function and types of neuron- Nerve impulse- Recording the nerve impulse- Electrical change- All or none-Chemical characteristics or resting potential and nerve impulses – Electrical and excitability events- Generator and graded potentials. The synapse- Neurotransmitters and behavior- Polysynaptic- Effects of drugs on behavior.

References:

1. Scheinder, A.M. and Tatshis.B.(1998), Physiological Psychology(3rd ed), Random House,N.Y.
2. Leukal.F.(20000, Introduction of Physiological Psychology(3rd ed), CBS Publishers, New Delhi.

BSC. COUNSELLING PSYCHOLOGY:

CPY1C02 PSYCHOLOGICAL STATISTICS

SEMESTER 1:

Complimentary Course

Credit:3

Objectives:

1. To develop an understanding of various statistical techniques in terms of their assumptions, applications and behavior.
2. To acquire competence to organize, summarize, and present data.
3. To develop ability in analyzing and interpreting numerical data.

Module 1: Introduction to Statistics

Meaning of statistics- Need and importance of statistics in psychology- Descriptive and Inferential statistics

Module 2: Sampling

Population and sample .Simple random sampling, cluster sampling, systematic sampling- Quota sampling, judgement sampling, accidental sampling- sampling errors.

Module 3: Probability and expected value

Definition-calculation of probability-theorems of probability: addition & multiplication theorem-conditional probability- Bayes' theorem.

References:

1. Gupta, S.P.(1999), Statistical Methods, Educational publication.(3rd ed), New Delhi.
2. Gravetter, F.J. & Wallant, L.B.(2000), Statistics for Behavioral sciences,(5th ed), Singapore:Wadsworth-Thomson learning .
3. Aron,A.,Aron,r.(2006), Statistical for Psychology(4th ed), New Delhi: Pearson Education.

BSC. COUNSELLING PSYCHOLOGY

CPY2B01 INTRODUCTORY PSYCHOLOGY II

SEMESTER II:

Core Course

Credit:3

Module 1: Motivation and Emotion

Nature of motivation and classification of motives-The need hierarchy model-Techniques for assessment of motivation-Motivation and learning-Emotion: Nature of emotion, psychological correlates of emotion, measurement of emotion.

Module 2: Intelligence

Definition, Nature-Nurture controversies-Theories of intelligence: Thurstone, Spearman, Gardner, three dimensional model-Measuring intelligence-Evolution of intelligence tests, types of tests-Verbal, non verbal and performance, group and individual tests-Emotional intelligence-Other techniques of measurement.

Module 3: Personality- Nature and Definition

Approaches- Psychoanalytic approach, humanistic approach, type and trait approach-Biocultural and sociocultural determinants-Techniques of assessment- Self report tests of personality, projective measurement of personality-Other measures-Behavioral, observation, interviews.

Module 4: Conscious Behaviour

States of consciousness: Day dreaming, extended states of consciousness, hypnosis, meditation, altered states of consciousness.

Module 5: Higher Cognitive Processes

Basic thought process-Concept, schemas, imagery and cognitive maps, language, basic psycholinguistics-Inductive and deductive reasoning, creativity and problem solving.

References:

1. Baron, R.A.(2002), Psychology(5th ed), India Pearson Education, Asia.
2. Hilgard, E.R, Atkinson, R.C & Atkinson, R.I.(1990), Introduction to Psychology (7th ed), Oxford& IBH publishing company, New Delhi.
3. Zimbardo, P.G& Weber, A.L.(1997), Psychology, Harper Collins, N.Y.

BSC. COUNSELLING PSYCHOLOGY

CPY2C01 PHYSIOLOGICAL PSYCHOLOGY

SEMESTER II:

Complimentary Course

Credit:3

Module 1: The Nervous System

The nervous system- A brief structural view, classifications- Functions and psychology of ANS- Emergency theory-PNS effect-The polygraph-Autonomic balance- Brain and spinal cord-Reflex behavior-Reflex model-Anatomy of reflex-Psychology of reflex- Reflex complexity- Supporting and nourishing tissue in the CNS-Cerebro spinal fluid- Neuroglia-The human brain-Structural outline- General plan of brain structures- Importance of brain structures-Function of major parts of the brain-Cerebral cortex- Corpus striatum-Thalamus-Hypothalamus-Midbrain-Pons-Cerebellum-Medulla- Cranial nerve function-Anatomy of cerebral cortex.

Module 2: Visual Processes

Properties of the receptor sensory coding- Arousal and attention-Vision-Structure of the eye-Retina-Rods and cones-Visual pathways-Visual acuity-Blind spot-Colour blindness- Colour vision- Theories of colour vision.

References:

1. Scheinder, A.M & Tatshis, B. (1998), Physiological Psychology (3rd ed), Random house, N.Y.
2. Leukal, F. (2000), Introduction of physiological Psychology (3rd ed), CBS publishers, New Delhi.

B. SC COUNSELLING PSYCHOLOGY

CPY2C02 PSYCHOLOGICAL STATISTICS

SEMESTER II:

Complimentary Course

Credit: 3

Module 1: Frequency Distribution and Graphs

Introduction , frequency table :Raw and grouped data-Diagrams and graphs-Pie diagram, histogram, frequency polygon- Frequency curves, ogives.

Module 2: Measures of Central Tendency

Meaning-Characteristics-Mean, median, mode- Computation merits and de-merits.

Module 3: Measures of Dispersion

Range, quartile deviation, mean deviation, standard deviation and variance- Co-efficient of variance.

References:

1. Gupta , S.P.(1999), Statistical Methods, Educational publication.(3rd ed), New Delhi.
2. Gravetter, F.J. & Wallant,L.B.(2000), Statistics for Behavioral sciences,(5th ed), Singapore: Wadsworth-Thomson learning .
3. Aron,A;Aron,r.(2006), Statistical for Psychology(4th ed), New Delhi: Pearson Education

BSC. COUNSELLING PSYCHOLOGY

CPY3B01 DEVELOPMENTAL PSYCHOLOGY I

SEMESTER III:

Core Course:

Credit 3

OBJECTIVES

- 1) To study human development in Psychological Perspectives
- 2) To create awareness about major Psychological changes along with physical development

Module 1: Introduction to Developmental Psychology

Historical Foundations- Different Theories of development (Brief): Freud, Behavioristic, social, learning, Vygotsky, Periods of Development; First 5 stages of Erikson's Theory.

Module 2: Motor and Cognitive Development from Infancy to Adolescence

Newborn reflexes, Gross and fine motor skills. Perceptual development in infancy, Piaget's theory of Cognitive Development: Process of development, 4 stages- Sensory Motor, Preoperational, Concrete operational and Formal Operational stage. Language development: Prelinguistic, Phonological, Semantic, Grammatical and Pragmatic Development.

Module 3: Emotional and Moral Development

Temperament: definition, different classifications- development of attachment: types, Bowlby's Ethological theory of attachment, Factors affecting attachment, effects- emotional behavior in infancy to adolescence – moral development- theories: Piaget, Kohlberg.

REFERENCES

1. Berk, L.E (2003) Child Development (3rd ed). New Delhi: Pearson Education Pvt Ltd
2. Hurlock, E.B (1996) Developmental Psychology-A Life span Approach. New Delhi: Tata McGraw Hill Publishing Company
3. Papalia, D.E et.al (2004) Human Development (9th Ed). New Delhi: Tata McGraw Hill Publishing Company
4. Santrock, J.E (2007) Child Development (2nd ed) New Delhi: Tata McGraw Hill Publishing Company

BSC. COUNSELLING PSYCHOLOGY

CPY3C01 PHYSIOLOGICAL PSYCHOLOGY

SEMESTER III:

Complimentary Course

Credit 3

Module 1: Sensory Processes Other than Vision

The auditory system structure- Auditory pathways- Auditory localization- Coding auditory information- Theories of audition- Taste – Nature of chemoreceptors- Structure of taste buds- Neural pathways- Coding for taste- Smell- Smell receptors- Properties of smell- Stereochemical theory-Cutaneous senses- Neural coding for touch and pressure- Synthetic heat perception- Kinesthetics-Pain- Pain receptors- Code for pain- Explaining chronic pain- Pain suppression.

Module 2: Muscles and Glands

The mechanics of movement- The neural aspects of muscle movements- The brain and movement- The pyramidal and extra pyramidal system- Control of internal behavior- The glands and hormonal control.

References:

1. Scheinder, A.M. & Tatshis,B.(1998), Physiological Psychology(3rd ed), Random House,N.Y.
2. Leukal,F.(2000), Introduction of Physiological Psychology(3rd ed), CBS publishers, New Delhi.

B. SC COUNSELLING PSYCHOLOGY

CPY3C02 PSYCHOLOGICAL STATISTICS

SEMESTER III:

Complimentary Course

Credit 3

Module 1: Correlation

Concept of correlation: Linear correlation- Pearson product moment correlation- Spearman's rank order correlation- Scatter diagram.

Module 2: Non-parametric Tests

Importance of parametric and non-parametric tests- Chi square, contingency coefficient
Median test , Mann-whitney U test- Sign test- matched pairs Test- Signed rank test.

References:

1. Gupta , S.P.(1999), Statistical Methods, Educational publication.(3rd ed), New Delhi.
2. Gravetter, F.J. & Wallant,L.B.(2000), Statistics for Behavioral sciences,(5th ed), Singapore:Wadsworth-Thomson learning .
3. Aron,A;Aron,r.(2006), Statistical for Psychology(4th ed), New Delhi: Pearson Education

BSC. COUNSELLING PSYCHOLOGY

CPY4B01 DEVELOPMENTAL PSYCHOLOGY II

SEMESTER IV:

Core Course

Credit 3

Module 1: Physical Development

Last 3 stages of Erikson's Theory- Physical condition and Health in early adulthood- - Physical changes and health middle & Late adulthood- Biological theories of ageing.

Module 2: Cognitive Development

Cognitive changes in early adulthood- Post formal thought, Schaie's Model of Cognitive Development, Sternberg -Cognitive Development of middle & late adulthood

Module 3: Relationships in Adulthood

Non marital, Marital Life Style & Parenthood in Young Adulthood.-Divorce – Consensual Relationships, Relationship with maturing children and other kinship ties in middle adulthood- Personal and Consensual Relationships, Non marital kinship ties in late adulthood. Facing Death and Loss: Psychological Issues, Pattern of Grieving, Special Losses

Module 4: Vocational Adjustments

Vocational Adjustment in Early adulthood- Selecting a job, Appraisal of Vocational Adjustment Vocational Adjustment in Middle Adulthood-Changed working conditions that affect middle aged workers, conditions influencing vocational adjustment and satisfaction in middle age – vocational adjustment and adjustment to retirement in Late adulthood

References:

1. John, W. Santrock, A Tropical Approach to Life Span Developmental(3rd ed), Tata Mc-Graw hill publishing, New Delhi.
2. Hurlock, B. Elizabeth, Developmental Psychology(5th ed), Tata McGraw hill publishing, New Delhi.
3. Papalia, E. & Olds, S.W., Human Development(6th ed), Mc Graw hill.

B.SC COUNSELLING PSYCHOLOGY

CPY4B02 SOCIAL PSYCHOLOGY I

SEMESTER IV:

Core Course:

Credit 3

Objectives: To enable the student to

- understand and explain behaviour in the social setting
- explain the psychological aspects of various social phenomena
- understand the psychological aspect of various social issues in the society and nation.

Module 1: Introduction

Definition Social psychology: Origin and development. Methods of social psychology.

Module 2: Social Perception

Important aspects of Social Perception-- Non-verbal communication: Facial expressions, gazes, stares. Body language. Attribution. Theories: Kelley's theory, Correspondent inference theory, Co- variation model of attribution, Attribution errors. Impression formation. Impression management- tactics.

Module 3: Socialization

Functions of socialization, Agents and types of socialization. Theories of socialization : Durkheim, Freud, Piaget, Cooley & Mead

Module 4: Attitudes

Definition, nature, components-functions. Attitude formation. Attitude and behaviour .Persuasion: Cognitive Approach .Resistance to persuasion. Cognitive Dissonance, prejudice

Reference:

1. Baron, R.A., and Byrne, D. (2006). Social Psychology, 10th ed. New Delhi: Pearson Education.
2. Das, G., Social Psychology, Educational Publishers, New Delhi
3. Myers, D.G. (1990). Social Psychology, 3rd ed. New York: McGraw Hill Inc.

B. SC COUNSELLING PSYCHOLOGY

CPY4C01 PHYSIOLOGICAL PSYCHOLOGY

SEMESTER IV:

Complimentary Course:

Credit 3

Module 1: The Physiological Basis of Motivation

Eating- Feeding centers in brain- Eating signals- Metabolic signals- Hypothalamic regulations- Obesity- Bases of specific hungers- Thirst- Osmotic and volumetric- Thirst receptors- Regulating drinking behaviours- Overlapping control of eating and drinking- Sleep- Stages- Neural mechanisms of sleep- Paradoxical sleep and mental illness- Sleep disorders(insomnia-narcolepsy)-Sex-Dynamics of sexual behavior- Hormones and sexual behavior- Developmental aspects of sexual behavior.

Module 2: The Physiological Basis of Emotion

The neural basis of emotion- The limbic system- Aggressive behavior.

Module 3: Learning, Memory and Localization of Higher Order Function

Learning and nervous system- Cortex and learning- Hippocampus and learning- Synaptic basis of learning- The theory of memory consolidation- Memory in brain damaged individuals- Forgetting- Cortical learning-Localization of language, localization of perception- Brain laterality- Coordination of two hemispheres- Function of corpus callosum.

References:

1. Scheinder, A.M. & Tatshis,B.(1998), Physiological Psychology(3rd ed), Random House,N.Y.
2. Leukal,F.(2000), Introduction of Physiological Psychology(3rd ed), CBS publishers, New Delhi.

B. SC COUNSELLING PSYCHOLOGY

CPY4C02 PSYCHOLOGICAL STATISTICS

SEMESTER IV:

Complimentary Course:

CREDIT 3

Module 1: Normal Distribution

Characteristics, properties and assumptions, problems regarding percentage of cases above/below a particular Z value

Module 2: Parametric Tests

Tests of significance for large and small samples – One tailed and two tailed tests – One way and two way ANOVA – Application in Psychology

References:

1. Gupta, S.P.(1999), Statistical Methods, Educational publication.(3rd ed), New Delhi.
2. Gravetter, F.J., & Wallant,L.B.(2000), Statistics for Behavioral sciences,(5th ed), Singapore:Wadsworth-Thomson learning .
3. Aron,A.,Aron,r.(2006), Statistical for Psychology(4th ed), New Delhi: Pearson Education.

B. SC COUNSELLING PSYCHOLOGY

CP5 B01 SOCIAL PSYCHOLOGY II

SEMESTER: V

CORE COURSE

CREDIT:3

Module 1: Interpersonal Attraction & Relationships

Determinants of interpersonal attraction-internal and external determinants moving towards friendship, Love and marriage

Module 2: Groups & Social Influence

Groups: Nature and functions. Social facilitation, social loafing. Decision making in groups. Conformity. Asch's experiment. Factors affecting conformity. Compliance and Obedience. Milgram's experiment. Leadership: theories of leadership, types of Leaderships

Module 3: Prosocial Behaviour

Responding to emergency. Steps. Classic studies and experiments. The helpers and those who receive help Altruistic personality, volunteering. Explaining prosocial behaviour: empathic joy hypothesis, genetic determinism.

Module 4: Environment and human behaviour

Environmental effects on human behaviour- noise, temperature and air pollution. The urban environment and social behaviour. The concept of personal space. Nature and effects of crowding.

REFERENCE:

1. Baron, R.A., and Byrne, D. (2002). Social Psychology, 10th ed. New Delhi: Pearson Education
2. Myers, D.G. (2010). Social Psychology, 10thed. New York: McGraw Hill Inc.
3. Misra, G. (1990). Applied Social Psychology in India. New Delhi: sage Publications

B. SC COUNSELLING PSYCHOLOGY

CP5 B02 COUNSELLING PSYCHOLOGY-I

SEMESTER: V

CORE COURSE

CREDIT: 3

Module 1: The Psychoanalytic Approach

Psychoanalytic theory, psychoanalytic interventions- Level of psychoanalytic intervention, common elements among psychoanalytic approaches:- Psychic determinism, the genetic developmental hypothesis, the centrality of the unconscious, the role of defences, repetition and transference, the role of the client- The therapist relationship.

Module 2: The Behavioural Approach

History of behavior therapy, basic approaches and assumptions of behavioural treatment, four basic approaches and basic assumptions- Methods and procedure behavioural treatment procedures, counseling psychology and behavioural approach.

Module 3: The Cognitive Approach

The cognitive evolution, two primarily cognitive approaches to counseling, the rational emotive therapy of Albert Ellis, the cognitive, therapy of Aron T Beck- The efficacy of cognitive therapies, counseling psychology and cognitive Approaches

Module 4: The Humanistic Approach

Humanistic assumptions about human beings, counseling and science- The tendency toward growth and actualization- The person centered therapy of Carl Rogers.

References:

1. Gelso, C.J. & Fretz, B.R.(1995), Counselling Psychology, Harcourt Grace College Publishers Inc.
2. Woolfe, R; Dryden, W. & Strawbridge(2003), Handbook of Counselling Psychology, Sage Publication Ltd, London
3. Rao, S.N.(1997), Counselling and Guidance(2nd ed), Tata Mc Graw Hill Publishing Co.Ltd, New Delhi

B. SC COUNSELLING PSYCHOLOGY

CPY 5B03 LEARNING AND BEHAVIOUR

SEMESTER: V

CORE COURSE

CREDIT: 3

Module1: Introduction-

Innate behaviour patterns and Habituation: Characteristics of goal directed systems, reflexes, sequences of behaviors; General principles of Habituation. SR theories in brief - Thorndike, Guthrie, Hull.

Module 2: Classical conditioning

Basic experiment, basic terms- conditioned stimulus, unconditioned stimulus, conditioned response, unconditioned response, stimulus generalization, discrimination, higher order conditioning, extinction, spontaneous recovery, delayed, backward, trace conditioning. Common Pavlovian conditioning procedures, excitatory and inhibitory processes. Recent developments- blocking effect, CS pre exposure effect, Overshadowing, The over expectation effect, Sensory pre conditioning; Biological constraints on classical conditioning; Applications.

Module 3: Operant Conditioning

Basic experiments, basic terms- positive and negative reinforcement and punishment, schedules of reinforcement, Shaping of Behaviour Factors affecting performance on reinforcement schedules; Escape Learning, Avoidance Learning and Learned Helplessness; Biological constraints on operant conditioning; Applications.

Module 4: Cognitive theories

Kohler- Insight learning, Tolman- Sign learning and Latent learning. Social learning theory.

REFERENCES

1. Domjan, M. (2006). Learning and Behaviour(6th ed.). USA: Wardsworth.
2. Hilgard, E. R & Bower, G. H. (1975) Theories of Learning. New Jersey: Prentice Hall, INC
3. Hecenhahn, B. R. (1976). An introduction to Theories of learning. USA: prentice hall. Inc.
4. Mazur, J. E (2002) Learning and Behaviour (5th Edn). New Jersey: Prentice Hall

B. SC COUNSELLING PSYCHOLOGY

CPY 5B04 EDUCATIONAL PSYCHOLOGY

SEMESTER: V

CORE COURSE

CREDIT: 3

Objectives:

- 1). To promote an understanding of the application of psychological principles in the process of education.
- 2). To familiarize the students with the characteristics of normal and exceptional children.
- 3). To provide the ways and methods of teaching and classroom management.

Module 1: Introduction

Nature and Scope of Educational Psychology – Contribution of Piaget, Vygotsky, Skinner, Rogers and Maslow, And Gardener on Education

Module 2: Child Development and Learning

Age-level characteristics and education – Physical, social, emotional and cognitive characteristics of Pre-school and Kinder garten , Lower Primary, Upper Primary, Secondary and Higher secondary students and their implications. Learning: Behavioural approach – Objectives of instruction – Mastery Learning – Behaviour modification techniques.

Module 3: Educating Exceptional Children

Education of Gifted Children, Juvenile delinquent, Learning Disabled , Mentally Retarded , Physically Disabled ,, Emotional and Behavioural Disordered.

Module 4: Motivation

Behavioural, Cognitive and humanistic perceptive – Implication of achievement motivation and attribution theories – Teacher expectations and student learning – Techniques for enhancing student motivation.

REFERENCES

1. Bichler, R. F & Snowman, J (1990) *Psychology Applied to Teaching* (6th Edn) Boston: Houghton Mifflin Company.
2. Santrock, J.W. (2011). *Educational Psychology* (4th ed.). New Delhi: Tata McGraw-Hill.
3. Woolfolk, A (2004) *Educational Psychology* (9th Edn) Delhi: Pearson Education

B. SC COUNSELLING PSYCHOLOGY

CPY5B05 LIFE SKILL DEVELOPMENT

SEMESTER: V

CORE COURSE

CREDIT: 3

Objectives:

- 1) To promote life skill education
- 2) To develop abilities for adaptive and positive behavior
- 3) To enhance self confidence and self esteem

Module 1: Introduction to Life skills

Definition – communication and action skills: verbal and vocal communication skills- body language- Mind skills, rules skill, self talk skills, explanation skills, expectation skills, time management skills, self awareness

Module 2: Presentation Skills

Planning, structuring and delivering a presentation-Effective use of language and audio visual aid— Managing Performance Anxiety, Relaxation techniques, Interviews and Group Discussions

Module 3: Relationship Skills

Introduction- Skills for Listening and Understanding, Skills for choosing and starting relationship, Skills for anger management, Coping with emotions and stress, Leadership skills.

Module 4: Critical Thinking Skills

Critical Thinking, Creative Thinking-Stages, Strategies to improve creativity, Decision Making, Problem Solving- Steps, Strategies, Factors Affecting. Activities: Make a Plan for Critical Thinking; Demonstrate Conflict Management.

REFERENCES

1. Jones,R.N.(2007) *Life coaching skills-how to develop skilled clients*. New Delhi: Sage Publications.
2. Lewis,H.(2000) *Body Language- A guide to Professionals*. New Delhi: Response Books.
3. Kaul,A.(2005). *The Effective Presentation- Talk your way to success*. New Delhi: Response Books.
4. Mishra, B.K.(2008). *Psychology- The Study Of Human Behaviour*. New Delhi: Prentice Hall India Ltd.
5. Sherfield, R.M., Montgomery, R.J. &Moody, P.G.(2009). *Developing Soft Skills*. 4th ed New Delhi: Pearson Education
6. Shephard , K. (2005) *Presenting at Conferences, Seminars and Meetings*. New Delhi: Response Books.
7. Sanghi, S. (2007). *Towards a Personal Excellence-Psychometric Tests & Self Improving Techniques for Managers*. New Delhi: Response Books.

B. SC COUNSELLING PSYCHOLOGY

CPY5D01 PSYCHOLOGY AND PERSONAL GROWTH

SEMESTER: V

OPEN COURSE

CREDIT: 2

The contents and teaching of this part is general and designed to suit as a general or peripheral paper for non-Psychology main students. The class room interaction should focus on experiential component of learning apart from the usual lectures

1. **Psychology:** - The subject matter and scope-Branches of Psychology and its application in personal and social life– Brief out line of transactional analysis and Positive Psychology.
2. **Concept of Happiness:** - Basic nature of emotional development. Positive and negative emotional state. Control of emotional states. Happiness – causes and effect of happiness application in day to day life. Hope and Optimistic Behaviour-General concepts.
3. **Positive Self:** - Self esteem-determinants-self efficacy-Development of social and personal Self- Barriers in self development. Conflicts and frustration management-coping processes - resolutions and positive approach in self development.
4. **Positive Social Relations:** - Person and social attitudes-Family and relationships-role of emotional intelligence in activating social life. Social well-being and personal growth.
5. **Methods for Personal Growth.** Meditation as a tool for personal growth-Yoga techniques for enhancing personal effectiveness and positive emotional and social life.

Book for Study

Carr, Alan (2011) *Positive Psychology* (2nd Edn), New York: Routledge Taylor and Francis Group.

REFERENCE:

1. Fadiman, James and Frager, Robert (2002) *Personality and Personal Growth* (5th Edn) Prentice Hall

B. SC COUNSELLING PSYCHOLOGY

CPY6B01 - COUNSELLING PSYCHOLOGY -II

SEMESTER: VI

CORE COURSE

CREDIT: 3

OBJECTIVES

1. To enable the student to explore the different theories of Counselling Psychology
2. To enable the student to acquire the sufficient knowledge in the area of Counselling in order to understand areas of specialization.

MODULE 1 : FUNDAMENTALS OF COUNSELLING

Definition, Goals, Process of counseling, Counselling relationship – Characteristics of counselor, Termination and Follow up, Areas of Counselling –, Ethical issues.

MODULE 2: STRATEGIES AND TECHNIQUES

Counselling Interview – Assessment and diagnosis – Psychological testing – Working with hesitant clients.

MODULE 3 : APPLICATION OF COUNSELLING

Counselling children and adolescents – School and educational counseling – Career counseling – Marital and family counseling – Alcohol and substance abuse counseling – counseling older adults – Crisis intervention.

MODULE 4: GROUP COUNSELLING

Brief description about group counselling -Effective leadership in group counselling– Therapeutic group work: Training groups, Sensitivity training groups, Encounter and growth group, Self-help group – Groups in health and medical settings, Groups in work place.

REFERENCES

1. Corey, G(2001) *Theory and Practice of Counselling and Psychotherapy*.6th ed. Brooks/Cole :USA
2. DeLucia-Waack, J.L., Gerrity,D.A., Kalodnes.C.R., Riva,M.T(2004) *Handbook of Group Counselling and Psychotherapy*. Sage Publication: NewDelhi.
3. Gelso,C.J., Fretz,B.R (1992) *Counselling Psychology*. Harcourt Brace College Publishers : NewYork
4. Jones, N.R(1995) *Theory and Practice of Counselling*,2nd ed, Holt, Rinehart and Winston Ltd. NewYork.
5. Patterson, L.E (1999) *The counseling process*,5th ed, Cleveland State University, Thomson Asia pvt Ltd,USA.
6. Sharf, R.S (2000) *Theories of Psychotherapy and Counselling: Concepts and Cases*, 2nd ed. Brooks/Cole :USA
7. Woolfe,R., Dryden,W., Strawbridge, S(2003) *Handbook of Counselling Psychogy*,2nd ed Sage Publication: New Delhi.

B. SC COUNSELLING PSYCHOLOGY

CPY6B02- PERSONALITY PSYCHOLOGY

SEMESTER: VI

CORE COURSE

CREDIT: 3

Module 1: Psychoanalytic approach

Freud's theory – structure of mind- Id, Ego, Super ego. Instincts: life and death instincts, characteristics of instincts: Source, pressure, aim, object. Different types of anxiety and defense mechanisms. Psychosexual stages- Oedipus complex, interpretation of Dreams. Contributions of Neo Freudians in brief: Jung, Adler, Horney, Erich Fromm.

Module 2: Trait theories:

Trait theories- concept of a personality trait, cardinal, central and secondary dispositions, surface and source traits. Characteristics of each of the factors and sub dimensions of Five Factor theory. Indian concepts: Triguna theory.

Module 3: Humanistic perspectives.

Rogers- the field of experience, the self as process, self actualizing tendency, personal power, congruence and incongruence, fully functioning person. Maslow- Hierarchy of Needs, self actualization, peak experiences, eupsychia, synergy.

Module 4: Eastern and Positive Perspectives

Brief Description of Eastern views: yoga- three principles of creation, karma, schools of yoga. Zen and Buddhism- three characteristics of existence, the four noble truths, the eight fold path. Sufism four stages of Sufi practice. Paths of Sufism, annihilation and return.

Perspectives of Positive Psychology: Classification of character strengths and virtues by Peterson and Martin Seligman (2004) : 6 virtues (wisdom, Courage, Humanity, Justice, Temperance and Transcendence); character strengths (Total 24) associated with virtues; research findings in relation to character strength ; Implications

REFERENCES

1. Aleem, S. (2012). *Theories of psychology*. India: Dorling Kindersley.
2. Carr, Alan (2011) *Positive Psychology* (2nd Edn) London : Routledge
3. Frager, R., & Fadiman, J. (2009). *Personality and Personal Growth* (6th ed). India: Dorling Kindersley.
4. Hall, C.S., Lindzey, G., Campbell, G.B.(1998). *Theories of Personality*. (4th ed). New Delhi: John Wiley& sons

B. SC COUNSELLING PSYCHOLOGY

CPY6B03 - COGNITIVE PSYCHOLOGY

SEMESTER: VI

CORE COURSE

CREDIT: 3

OBJECTIVES:

- Familiarize the field of Cognitive Psychology.
- To enable students to gain an understanding about the development of the field of Cognitive Psychology
- Create awareness about the current standing of the field.

Module 1: Cognitive psychology: Coming of age

Perspectives of cognition: Information processing and connectionist approach History: Philosophical, psychological and technological roots of cognitive psychology

Module 2: Methods of tapping the mind

Experimental cognitive psychology; Cognitive neuropsychology; Cognitive neuroscience; Cognitive science

Module 3: A few cognitive theories

Memory: Atkinson Shiffrin Model of memory; Levels of processing model; Nature of memory model Visual perception: Bottom up and top down approach

Module 4: Changing nature of cognition- I

Traditional theories of intelligence: Two-factor theory, Hierarchical theory, Multi-factor theory, Three dimensional models.

Module 5: Changing nature of cognition- II

Contemporary theories of intelligence : Sternberg's theory, Gardner's theory, Goleman's theory, PASS model.

REFERENCES

1. Eysenck, M. W., & Keane, M. T. (2000). *Cognitive psychology: A Students Guide*. New York: Psychology Press.
2. Margeret, M. (2009). *Cognition* (7th edition). John Wiley & Sons
3. Sternberg, R. J. (2007). *Cognitive Psychology* (5th edition). Delhi: Thomson Wadsworth.

B. SC COUNSELLING PSYCHOLOGY

CPY6B04 - HEALTH PSYCHOLOGY

SEMESTER: VI

CORE COURSE

CREDIT: 3

Module 1: Introduction to Health Psychology

Need and significance. History. Health, disease, illness, well-being and quality of life. Contributions. Bio-psycho-social model.

Module 2: Stress and Management

Stress: Models, Physiological Basis. Psychophysiological and Psychosomatic Disorders. Coping & Stress Management. Psychoneuroimmunology.

Module 3: Theoretical basis for changing health habits

Attribution Theories, Health Locus of Control, Health Belief Model, Protection Motivation Theory, Theory of Planned Behavior, Social Cognitive Theories, Health Action Process Approach, Transtheoretical Change Model, Models of Prevention.

Module 4: Health Enhancing and Health Compromising Behaviors

Exercise, Diet, Weight Control, Cancer Related Health Behaviors, Rest, Relaxation, Substance use and abuse, Inappropriate Medication Seeking Behavior. Interventions.

Module 5: Psychosocial Aspects of Chronic Illnesses

Cancer, AIDS, Hypertension, Diabetes, Ageing, Terminal Illnesses, Degenerative diseases, Death, Psychosocial Management of Chronic Illnesses.

REFERENCE

1. Brannon, J. & Feist, J. (1999). *Health Psychology: An Introduction to Behavior and Health* (4th ed,) Wadsworth Thomson Learning
2. Dematteo, R.M & Martin, R.L. (2007). *Health Psychology*. Pearson Education
3. Marks, D.F; Murray, M; Evans, B & Estacio, E. V. (2008). *Health Psychology: Theory & Practice*. Delhi: Sage
4. Roberts, R., Towell, T. & Golding, J.F. (2001). *Foundations of Health Psychology*. Palgrave Houndmills, New York.
5. Taylor, E. (2006). *Health Psychology*. New Delthi: Mc Graw Hills Inc.

B. SC COUNSELLING PSYCHOLOGY

CPY6B05-01 - ABNORMAL PSYCHOLOGY

SEMESTER: VI

CORE COURSE ELECTIVE

CREDIT :3

Objectives –

- (i) To acquaint the students with the meaning of abnormal behavior
- (ii) To develop in them awareness about different types of anxiety disorders.
- (iii) To create awareness about different childhood disorders
- (iv) To learn about various personality disorders.
- (v) To understand major psychological disorders.

Module 1

Concept of normality and abnormality. Meaning, Definition and classification of mental disorders.

Module 2

Anxiety disorders-clinical features, types-Phobias, Agoraphobia, Panic disorder, OCD, GAD and PTSD. Somatoform disorders- clinical features and types-Hypochondriasis, Somatisation disorder, Pain disorder, Conversion disorder, Body dysmorphic disorder. Dissociative disorders- clinical features, types- Dissociative amnesia, Fugue, Dissociative identity disorder.

Module 3

Schizophrenia- signs, symptoms, clinical features and types- Paranoid, catatonic, Disorganised, Residual and undifferentiated. Clinical picture of delusional disorders and schizoaffective disorder.

Module 4

Mood disorders- signs, symptoms, clinical features and types-Unipolar disorder: Dysthymia, Major Depression, Seasonal affective disorder, Melancholic depression, Psychotic Depression, Bipolar Disorder-Cyclothymia, Bipolar I Disorder, Bipolar II disorder.

Personality disorders- signs, symptoms, clinical features and types-Cluster A, Cluster B, Cluster C personality disorders.

REFERENCE:

1. Carson, R.C., Butcher, J.N., Mineka, S. (1996). *Abnormal Psychology and Modern Life*. (10th ed). New York: Harper Collins Inc.
2. Hurlock, E.B. (1976). *Personality Development*, (IMH Ed). New York: McGraw
3. Sarason, G. , Sarason, B. (2005). *Abnormal Psychology: The problem of maladaptive behavior*. (11th edition.) Pearson Education, Inc. New Jersey.

B. SC COUNSELLING PSYCHOLOGY

CPY6B05-02 - ORGANIZATIONAL PSYCHOLOGY

SEMESTER: VI

CORE COURSE ELECTIVE

CREDIT:3

Objectives:

- 1). To familiarize the concept of human Behaviour in Organizations
- 2). To give knowledge about work-motivation, group, leadership and organizational culture

MODULE 1:INTRODUCTION TO ORGANISATIONAL BEHAVIOUR

The Concept of Organization – Organization and its External Environment – Organization goals – Challenges and Opportunities - Concepts of Management

MODULE 2:ORGANISATION STRUCTURE – INTRODUCTION

Definition, Related concepts, Types, New patterns, Designing and seven structural configuration: Organization Theories – Classical, Neo- classical, Systems, Contingency and Organizational learning approach.

MODULE 3:PERCEPTION AND MOTIVATION

The perceptual process, perceptual stimuli, perceptual selection, perceptual organization, social perception, perceptual interpretation and impression management. Meaning of Motivation, content theories and process theories, management by objectives, employee recognition programs, employee involvement programs, job redesign and scheduling programs, pay programs.

MODULE4:GROUPS AND LEADERSHIP

Basic groups, Theories of group formation, Work teams, Team and quality management and communication. Leadership- What is leadership, Followership, Leaders and managers, Approaches to the study of leadership phenomenon, Emerging perspectives in leadership.

MODULE 5:CONFLICT AND STRESS

Meaning of conflict, The process of conflict, Classes and sources of conflict, Resolution of conflict. Meaning of stress, Approaches to understanding stress, Causes of stress, Consequences of stress and Management of stress.

REFERENCES

1. Robbins, S.P.(2005) *Essentials of Organizational Behaviour*, 8th ed. New Delhi: Prentice Hall India Pvt. Ltd.
2. Sharma, R.A.(2000) *Organizational Theory and Behaviour*,2nd ed. New Delhi: Tata McGraw Hill Publishing Company Limited.

B. SC COUNSELLING PSYCHOLOGY

CPY6B06 - PRACTICAL I

SEMESTER: VI

CORE COURSE

CREDIT:4

From the list presented below, any 10 experiments must be compulsorily conducted.

1. Bell's Adjustment Inventory
2. Mooney Problem Checklist
3. Locus of control
4. Study Habits Inventory
5. Achievement values and anxiety inventory:
Prayag Mehta- 1976- New Delhi: Manasayan
6. Adjustment Inventory for School students:
A. K. P Sinha & R. P. Singh – 1984- Agra: National Psychological Corporation
7. Chadha Self Concept Scale:
N. K. Chadha – Agra: Agra Psychological Research Cell.
8. PGI General Wellbeing Measure:
S. K. Verma & Amita Verma – 1989 - Lucknow: Ankur Psychological Agency.
9. IAS Rating Scale:
V. George Mathew – 1995 – Thiruvananthapuram: Department of Psychology, Kerala University.
10. Vocational Preference Inventory:
John L Holland – 1985-PAR-www.parinc.com
11. Alcohol & Drug Attitude Scale:
Sunil Saini & Sandeep Singh – New Delhi: Prasad Psycho
12. Aids Awareness Questionnaire:
Madhu Asthana – 1999-Varanasi: Rupa Psychological Centre
13. Self Esteem Inventory:
Immanuel Thomas –Department of Psychology-Kerala University.

EVALUATION:

Internal – 0

External – 100

Record: 20 Marks (2 for each practical)

Introduction: 10 Marks

Written procedure, Rapport establishment, Instructions, Conducting the

Practical: 30 Marks

Scoring , Presentation of Results, Discussion: 20 Marks

Viva-voce: 20 Marks

B. SC COUNSELLING PSYCHOLOGY

CPY6B07 - PRACTICAL II

SEMESTER: VI

CORE COURSE

CREDIT :5

Practical II is field work. There are four sections.

Section I

Visit a special school (Preferably for mentally retarded children). Write detailed notes regarding history and characteristics of three children. Write a general introduction on special education.

Section II

Visit a family counselling centre or de-addiction centre. Conduct an interview with the psychologist/counsellor regarding the history of the institution, common problems and methods of management. Present report based on interview.

Section III

Visit an institution for old age people. Prepare an interview schedule based on adjustment problems of old age. Conduct interviews with three inmates. Present the summary of interviews with a general introduction regarding old age.

Section IV

Visit an institution for Learning Disability/Autism/ADHD/Speech & Hearing. Prepare case studies of three children with an introduction on specific problem identified.

EVALUATION:

Internal: 0

External: 100:

Record: 60 Marks (15 for each section. Five for Introduction and Ten for Presentation).

Viva-Voce: 40 Marks (Based on each section. 10 for each section)

B. SC COUNSELLING PSYCHOLOGY

CPY6B08 - PROJECT

SEMESTER: VI

Core Course

CREDIT: 2

- A small research work has to be conducted by students supervised by Teachers.
- Qualitative, Exploratory, Descriptive, works have to be preferred.
- Preferably tool may be prepared by students themselves like interview schedule, observation schedule, questionnaire, categories of content analysis etc.
- Pattern:
-

Part – I: Introduction and Review - 4 -7 pages

Part - II: Objective and Method – 1-3 pages

Part – III: Result and Discussion – 3- 5 pages

- Evaluation may be based on novelty, effort, presentation skills and knowledge base as evidenced in the viva

Evaluation Scheme

Internal: 0 Marks

External: 50 Marks

Introduction and Review - 10

Objective and Method – 10

Result and Discussion – 15

Viva-Voce- 15